

**Teamwork as We Navigate Through  
Our New Health System**

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**OHCA Session # T24**

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**Program Objectives:**

1. How to set up parameters that set apart Team Players
2. How to reduce patterns that cause readmission to hospitals
3. How to use communication as a solution to our problem

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**Stand-Out Facilities**

- Endless Teaching of:
  - *New skills*
  - *New medications*
  - *Patient transfer techniques*
  - *Nutritional updates*

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### Pharmacy Formulary

- How much input is allowed?
- Is it matched to the hospital?
- Is teaching available to the hospital?  
– *Are they open to it?*

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### Discrepancies in Formulary

- Limited formularies
- Unlimited formularies
- Progressive formularies

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### Dementia - Delirium

- Anticholinergics
- Regulatory Update

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### Injury Risk Medications

- Antihistaminic drugs
- Sedative antidepressants
- Sleep hypnotics
- Non-sleep hypnotics used for sleep

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### Drug – Drug Interactions

- Cytochrome P450 & Protein Binding
- Warfarin
  - *In an era of post knee & post hip replacement*
  - *Breakthrough in anticoagulation*
  - *Anticoagulant reversibility*

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### Root Causes of Readmission

- Infection
  - Post Surgery
  - Post IV Antibiotics
    - Identify
    - Treat with appropriate agent
    - Stabilize before transport to skilled rehab

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### Neoplasm

- Complications of tumor treatment
  - Nausea
  - Vomiting
  - Weight loss
  - Electrolyte imbalance
  - Dehydration
  - Anemia
  - Decreased immunity

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### Congestive Heart Failure

- Stabilized discharge
- Ability to continue IV medications
- Close communication with Hospitalists
- Close look at co-morbidities

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### Gastrointestinal Disorders

- C-Diff complications
- Generalized weight loss
  - Wound healing
  - Protein binding
- GI bleeding
- Constipation / Impaction

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### Liver Disorders

- Drug – Drug interactions
- Post tumor therapy complications
- Hepatitis C complications

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### Solutions

- Accurate prognosis shared with families
  - 12% Doctors
  - 10% NP/PA
- Careful discharges
  - *Sharing of all data pertinent to case*
  - *Equipment needed*
  - *Central lines in place*
  - *Good covering doctors*
  - *“Unresolved” or “Outstanding” transfer issues*

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### Pharmacy “Scrubbing” of Chart Upon Admission

- Drugs within a class:
  - C Cost
  - A Administration
  - S Safety
  - T Tolerability
  - L Liability
  - E Efficacy
  - S Simplicity

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**Pharmacy “Scrubbing” of Chart Upon Admission**

- Anticholinergic Load
- Antihistaminic Load
- Ease of Reversibility

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